



# Island Trees Public Library

March to May 2024 Newsletter

(516) 731-2211 • [www.islandtreespubliclibrary.org](http://www.islandtreespubliclibrary.org)



## *From the Desk of the Director*

I would like to thank everyone who participated in the library survey! It was wonderful to hear all of the great feedback from so many community members.

The Spring season is sure to bring new and exciting services to our library! In addition to the wonderful streaming services such as eBooks, audio books and magazines provided through Libby and the great videos, eBooks, audiobooks, and music all on Hoopla, the library also has museum passes, hotspots and a Library of Things with fun and helpful items to check out.

There is even more exciting news! We have created a play space in our children's room!

So, stop in to attend one of our exciting programs, borrow some great books and DVD's, play in the new children's space or to just say hi! We look forward to seeing you!

*Warm regards, Nicole Mollick-Polaski*

## **2024 Island Trees Public Library Budget and Trustee Vote**

**Tuesday, April 23 from 1:00 -  
9:00 PM in the Community Room**

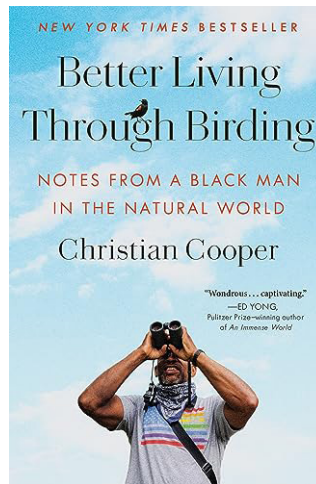


In April, we will be giving away seeds for our patrons to grow their own garden! The seeds were kindly donated to us by the **Island Harvest Food Bank**, a leading hunger-relief organization with a mission to end hunger and reduce food waste on Long Island.



## **April 7-13, 2024 is National Library Week!**

Please look forward to our scavenger hunt in the library. Check our website and social media accounts in April for more information!



**LONG ISLAND READS**  
One Island—One Book

**Long Island Reads** has made their pick for 2024! In April, join other Long Islanders in reading ***Better Living Through Birding: Notes from a Black Man in the Natural World*** by Christian Cooper.

If we're unable to have in-house programs, they may be held virtually on Zoom. You will be notified if changes are made.



# What's New at Your Library?



## The Library of Things is HERE!

The Island Trees Public Library  
Where Knowledge Blossoms

Take a look at some of the neat things you can borrow with your library card, such as a **Giant Jenga Set**, **Bird Watching Kit**, **Birthday Sign** and more.

Reserve an item for the date you will pick it up at the library. Items may be checked out for 14 days, including the reserved date of pick up. Call to reserve at (516) 731-2211, visit us in person, or go online at [islandtreespubliclibrary.org](http://islandtreespubliclibrary.org)

**Notary Services:** Documents cost \$2 to notarize but are free to those in active military service and veterans. Call first to make sure that Olivia the Notary Public is in the office. Notary hours are Tuesday-Friday, 11 AM-4 PM. *Please see our website for more details.*



## Database Spotlight: Nuwav Legal Documents

NUWAV provides documents that meet the needs of the everyday citizen. Easily compose documents in categories like Business, Contracts, Landlord/Tenant disputes, Divorce, and much more. *All you need is your Island Trees Public Library card!*



Tune into the mesmerizing evolution of Taylor Swift's sound across all eras—now available on **Hoopla** for an unforgettable listening experience!

Download the app on your smartphone or visit [hoopladigital.com](http://hoopladigital.com) for the album list.



The Children's Room before...



...and after!

**Check out our transformation in the Children's Room - we now have a Play Area!** There's so much more room for activities! *Be sure to follow us on social media for more fun updates like this.*



# Island Trees Local History Project

We've been doing book sales for a long time!  
The photos below are from a sale that was run circa 1973-74.



*What a party!* These photos were taken for the library's Dedication Party, circa 1973-74.



**NEW YORK  
HERITAGE**  
digital collections

Explore more of our local history project, "An Identity of Its Own", from our New York Heritage Digital Collections portal: [nyheritage.org/organizations/island-trees-public-library](http://nyheritage.org/organizations/island-trees-public-library)





# Adult Events

For ages 18+ and registration required except where noted.



## Exercise Classes with Barbara Pando

Now thru April 29 (Winter) **AND** May 3 thru August 30 (Spring) at 9:00 AM in the Community Room

- Mondays & Fridays: Fit & Fabulous Walking
- Wednesdays: Zumba
- Fee per series: \$25 for Zumba; \$20 for Walking - check or money order payable to ISLAND TREES PUBLIC LIBRARY. **Registration is ongoing.**

## Joy of Watercolor with Julie VanBenthuyzen



Every Monday thru May 20 from 10:30 AM - 1:30 PM in the Community Room

- Beginners and intermediate students welcome. Masks optional. **Registration is ongoing**
- Materials Fee: \$30 - make check/money order payable to JULIE VANBENTHUYZEN by the first class. Includes use of teacher's supplies.
  - Library Fee: \$30 - make check/money order payable to ISLAND TREES PUBLIC LIBRARY.
  - Bring the following to the first class: Arches Watercolor Pad (140 lb. cold pressed, 11 x 14 in.), gray kneaded eraser, 2 plastic containers for water and paper towels. Paint and brushes also available or purchase from the instructor.



## Staying Fit and Strong with Maria Ende

Every Wednesday thru April 24 (Winter) **AND** May 1 thru August 28 (Spring) at 10:30 AM in the Small Community Room

- Fee per series: \$36 (Winter); \$48 (Spring) - check or money order payable to ISLAND TREES PUBLIC LIBRARY. Recommended items: light hand weights, 1 or 2 resistance bands/tubes, water bottle. **Registration is ongoing.**



## Tai Chi for Those with Arthritis

Every Thursday, March 7 thru May 30 at 11:30 AM in the Community Room Recommended for people ages 60+, or 18+ with disabilities. Our instructor is certified by the NYS Dept. of Health and the Tai Chi for Health Institute. **No registration required.**

## Stop The Bleed Training



Thursday, March 7 at 7 PM in the Community Room

Led by instructor Sloan from the Nassau University Medical Center, learn the basics for bleeding control and how this important skill can save a life in an emergency. **Registration is ongoing.** Please attend if you sign up as we will need a head count for instructors.

## Yoga Classes with Mary Angel

Every Tuesday, March 12 thru

May 28\* in the Small Community Room

- Fee for each series: \$20 - check or money order payable to ISLAND TREES PUBLIC LIBRARY. **Registration begins February 13.**

\*No classes April 16 & 23.

**Chair Yoga:** from 11 AM - 12:15 PM in the Small Community Room



**Yoga:** from 6:00 - 7:15 PM in the Small Community Room Please bring a mat.



## Island Trees Book Talk

3 Wednesdays at 1:00 PM in the Community Room

Please join your fellow patrons in discussing the book picked for each month. Copies will be available to pick up at the Circulation Desk.

**No registration required.**

- March 13: *The Only Woman in the Room* by Marie Benedict
- April 10 & May 8: Titles TBD

## Springtime Carrot Cake Muffins with Chef Rob

Thursday, March 14 at 1:00 PM in the Community Room



These muffins are sweet and cinnamony! They are super moist and are great for

breakfast, snacktime or on the fly. Please bring a box grater, peeler, large muffin tin, medium bowl, whisk and rubber spatula.

- Fee: \$5. **Registration begins February 22.**

**We offer delivery and pick-up service for the homebound.** Call (516) 731-2211 and ask for the Reference Desk to make arrangements.

## Meet and Greet with Legislator John Ferretti



Thursday, March 14 from 6:30 - 8:00 PM

in the Community Room

Make an appointment to meet one-on-one with County Legislator Ferretti and let your voice be heard! **Appointments are required by calling (516) 571-6215.**

## Understanding Alzheimer's and Dementia presented by the Alzheimer's Association Long Island Chapter

Wednesday, March 20 at 6:30 PM in the Community Room



Learn about detection, causes, risk factors, stages and treatment of Alzheimer's disease.

**Registration is ongoing.**

## Marla's New Beginnings



Thursday, April 4 from 6:30 - 8 PM in the Community Room

Join social worker and life-coach

Marla Matthews for this discussion and support meetup. If you are divorced, widowed, single, an empty-nester or age 50+ who would like a new beginning, come to this program and be inspired to make new friends, network and learn new skills to reinvent yourself. **Registration is ongoing.**



## Senator Steve Rhoads Mobile Office

Saturday, March 23 from 10:00 AM - 12:00 PM in the Small Community Room

Senator Rhoads wants to hear what local and state issues are most important to YOU - the people he represents in the New York State Senate. Please join him for a one-on-one meeting to discuss a variety of topics and get to know your local Senator.

**Appointments required by calling (516) 882-0630.** Walk-ins welcome if time permits.



## Game Night!

Thursdays, March 28,

April 25, and May 30 from

6:00 - 8:30 PM in the Community Room Come to the library for an evening of games and fun! Board and card games will be on hand but feel free to bring your own.

**Registration is ongoing.**

# Adult Events

For ages 18+ and registration required except where noted.



## First Time Home Buyers Seminar

Wednesday, April 3

at 6:30 PM in the Community Room

Join Mortgage Loan Officer **Dennis Young** of **Fairway Mortgage**, and Financial Planner **Christian LaPeter** of the **Quintessential Experience**, and come learn about the home-buying process from start to finish. We will also discuss the ins and outs of different loan products, putting together a budget, and much more! **Registration is ongoing.**



## Knit and Crochet with Jessica

Every Monday, April 8 thru June 17\* from 12:30

- 2:30 PM in the Small Community Room

• Fees: \$24 - check or money order payable to ISLAND TREES PUBLIC LIBRARY. Open to all levels. Please bring medium /worsted weight yarn and US 8 (5 mm) bamboo knitting needles or a US H (5 mm) / US I (5.5mm) crochet hook. **Registration begins March 18.** \*No classes April 22 & 29 and May 27.



## Spring is so Delish with Chef Rob

Wednesday, April 10 at 6 PM in the Community Room

Create a spring bolognese sauce with fresh tomatoes, carrots and basil, topped with freshly grated parmesan cheese over pasta. Also on the menu is a baked feta cheese with garlicky tomatoes and capers, served with warm bread. This is a demo class and patrons will enjoy samples.

• Fee: \$5. **Registration begins March 20.**

## The Mel Brooks Story: The Early Years

presented by St. George Living History Productions

Friday, April 12 from 1:00 - 2:15 PM in the Community Room



Delve into **Mel Brooks'** early years in the Catskills, *Your Show of Shows*, the birth of the "2000 Year Old Man" with his lifelong pal **Carl Reiner**, and much more. Rare film clips will accompany the presentation. *Snacks will be provided!*

**Registration is ongoing.**

## Paint Night with Joan

Thursday, April 18 from 7 - 8:30 PM in the Community Room



We'll be doing a painting with a spring theme. (Check the online calendar for a picture of what the painting will be closer to the event.) Joan will explain what to do step-by-step, so even beginners who have never painted before will go home with a good painting. All material and supplies are included; we suggest bringing a smock to protect your clothes.

• Materials Fee: \$10; Library Fee: \$5.

**Registration begins March 28.**

## All Ages Defensive Driving with Dan Deegan of SafeTrips, Inc.



Saturday, April 27

from 10:30 AM - 5:00 PM

in the Community Room

• Fee: \$35 (ages 18-59);

\$25 (ages 60+) - check or money order payable to SAFETRIPS, INC. **Register at the Circulation Desk starting March 1.** Drivers license must be shown at time of registration as proof of age.

## St. Francis Hospital Outreach Bus



Wednesday, May 1

from 10:00 AM - 2:00 PM

in the Parking Lot

Free health screenings

include a brief cardiac history, blood pressure and a simple blood test for cholesterol and diabetes for adults 18 and older. Patient education and referrals also provided.

**No appointment is required.**

## Dementia Conversations presented by the Alzheimer's Association Long Island Chapter

Wednesday, May 1 at 6:30 PM in the Community Room



When someone is showing signs of dementia, it's time to talk. This program is designed to help you talk with your family about some challenging and often uncomfortable topics around Alzheimer's and dementia.

**Registration is ongoing.**

## How You May Maximize Your Social Security Benefits in Retirement with Christian LaPeter

Wednesday, May 8 at 6:30 PM

in the Community Room

Join this interactive seminar and find out what the best possible choices are for deciding when to take Social Security.

**Registration is ongoing.**



## Mah Jongg Classes with Deborah

Everything needed to play

will be supplied. We will be using the 2024 card online from the National Mah Jongg League. Please purchase the card for yourself before the first class at [nationalmahjonggleague.org/store.aspx](http://nationalmahjonggleague.org/store.aspx)

**Beginner:** Fridays, May 10-31 from

11 AM - 1:45 PM in the Community Room

Fee: \$5. **Registration begins April 20.**

**Intermediate:** Thursdays, May 22

thru June 6 from 12:00 - 2:00 PM

in the Small Community Room

You must have taken a beginner's class or be able to play an entire game through.

• Fee: \$5. **Registration begins April 24.**



## Spice up your Spring with Chef Rob

Friday, May 10 at 1:00 PM

in the Community Room

**Chef Rob** will be making

skillet shrimp fajitas with homemade fajita seasoning, and bell peppers and onions, served with traditional toppings. This is a meal that can be prepared in under 30 minutes! For an appetizer, Chef Rob will make a turkey taco dip, served with crispy tortilla chips.

• Fee: \$5. **Registration begins April 19.**



## Tomatoes and More with Paul Levine

Wednesday, May 15 from

2:00 - 3:15 PM in the Community Room

**Paul Levine** will be bringing six different types of tomatoes, one pepper, one strawberry and a mystery plant as well. Paul will go over how to care and nurture each plant and take your questions. These plants will be raffled off to registered patrons. **Registration is ongoing.**



# Children's Events

Register with parent/guardian's library card.  
For assistance please call (516) 731-2211.

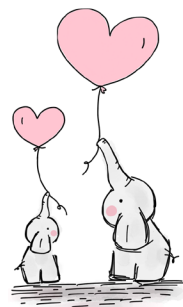
## Fun with A Time for Kids!



**Wednesdays at 11 AM** in the Small Community Room  
From the people who bring us Tot's Night

Out, here's a fun 3-week program focusing on group learning and skill building through stories, songs and activities! For ages 1 ½ - 5 years. **Separate registration for each series below:**

- March 6, 13 & 20  
(registration begins February 20)
- April 3, 10 & 17  
(registration begins March 19)
- May 8, 15 & 22  
(registration begins April 16)



## Babytime (New day!) Thursdays, March 7 - May 9\*

**at 10:30 AM** in the Community Room  
Join us for this 30 minute multi-session program which includes a series of songs, story time, and simple movement

followed by free play & bubbles! For ages 6 months - 1 ½ years. Sign up once for the whole series.

Registration begins February 20.

\*No classes March 28 and April 25.



## Preschool Crafts

**3 Classes at 12:00, 2:45 OR 4:00 PM** in the Small Community Room  
In this fun class, kids can meet new friends, connect

with their grown-up, and practice their motor & listening skills with Ms. Liz!

**Please only sign up for one session per month.** All sessions will be doing the same craft. For ages 3-5 years. **Separate registration for each class below:**

- Thursday, March 7  
(registration begins February 20)
- Thursday, April 4  
(registration begins March 19)
- Wednesday, May 1  
(registration begins April 16)

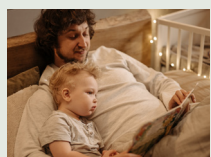
**Check our website and social media accounts for more information on our upcoming scavenger hunts!**



## Tune Bugs!

**Saturday, March 9 & May 4 at 2:00 PM** in the Community Room  
Join **Lisa** from **Tune Bugs** (formerly Let's

Groove) and her guitar for this fun-filled music and movement class! Move and groove to the music while having fun with shakers, scarves, animal puppets and bubbles! For ages 6 months - 4 years. **Registration for March begins February 20, and May begins April 16.**



## Tot's Night Out (New time!) 3 Classes at 6:30 PM

in the Community Room  
Enjoy a special evening with your preschool family. Interactive fun includes singing, dancing, storytelling, a fun craft and much more! For ages 1 ½ - 5 years. **Separate registration for each class below:**

- Thursday, March 12  
(registration begins February 20)
- Thursday, April 11  
(registration begins March 19)
- Tuesday, May 14  
(registration begins April 16)



## Colorful Star Luminary with Shirley Ruby

**Wednesday, March 20 at 4:30 PM** in the Small Community Room  
**Shirley Ruby** will help you decorate star cutouts

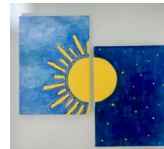
on a cardboard cylinder with colorful tissue paper, then decorate the rest with your designs. A battery tea light is included to light up your project and make it shine! For ages 5-10 years. **Registration begins February 20.**



## Family Movie Matinee: Wish

**Friday, March 29 at 2:30 PM** in the Community Room  
Rated PG, 92 min.  
No child under the age of nine is permitted in the library without an adult. **No registration required. Movies are subject to change based on availability.**

## Spring Sky Day & Night Canvas with Shirley Ruby



**Monday, April 15 at 4:30 PM** in the Small Community Room  
Create two small canvases with a day and night design

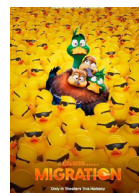
with **Shirley Ruby**. Use paint, glue on stars and glitter paint to make these spectacular and ready to hang up and admire. For ages 5-10 years. **Registration begins March 19.**



## Backyard Wildlife

**Thursday, April 25 at 1 PM** in the Community Room  
Meet a variety of animals from the **Sweetbriar Nature Center** that might live in your

neighborhood right here on Long Island. For ages 3-10 years. **Registration begins March 19.**



## Family Movie Matinee: Migration

**Friday, April 26 at 2:30 PM** in the Community Room  
Rated PG, 82 min.

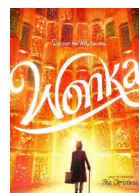
No child under the age of nine is permitted in the library without an adult. **No registration required. Movies are subject to change based on availability.**

## Butterfly Chip & Dip with Shirley Ruby



**Tuesday, May 7 at 4:30 PM** in the Small Community Room  
Decoupage colorful flying butterflies and dots

all over a large platter and small bowl, then edge with sponge paint with **Shirley Ruby**. Perfect for snacks and dips! For ages 5-10 years. **Registration begins April 16.**



## Family Movie Matinee: Wonka

**Friday, May 24 at 2:30 PM** in the Community Room  
Rated PG, 114 min.

No child under the age of nine is permitted in the library without an adult. **No registration required. Movies are subject to change based on availability.**

# Teen Events

For grades 5 to 12. Registration required except where noted.



## Learn to Code with Nelson

Thursdays, March 7 & 21, April 4 & 18, and May 2, 16 & 30 at 7:30 PM in the YA Room  
From Beginner to Advanced, LinkedIn Computer

Programmer **Nelson** will help you every step of the way in learning this in-demand skill in languages such as Python, C++, Java and more. If you have questions from class bring those as well!

Registration begins February 14



## Stop The Bleed Training

Thursday, March 7 at 7:00 PM in the Community Room  
Led by instructor **Sloan** from the Nassau University Medical Center, learn the basics for bleeding control and how this important skill can save a life in an emergency. Teens

can receive 1 hour of community service for attending this event.

Registration is ongoing. Please attend if you sign up as we will need a head count for instructors.



## St. Patrick's Day

Thursday, March 14 at 7:00 PM in the Community Room

Create shamrocks in celebration of **St. Patrick's Day!** Registration begins February 14



## Earth Day: Recycling Community Service

April 1-19 in the YA Room

Recycle 24 bottles/cans for earth day and receive 1 hour of Community Service. Teens can receive up to 4 hours of Community Service for each 24 bottles and cans donated.

Please e-mail your receipt with a picture of the items donated to [atayloritpl@gmail.com](mailto:atayloritpl@gmail.com) with the teen's name to receive an award.



## Therapy Dogs for Teens

Thursday, May 2 at 3:00 PM in the Community Room

Getting stressed as the end of the school year approaches? Finals, Regents Tests, SAT's - OH MY! Relax and pet **Abraham** the comfort dog to recharge for the tasks ahead.

Registration begins April 2.



## Biology Regents Review with Matthew

Thursday, May 30 from 7-9 PM

in the Small Community Room  
Prepare for the Biology Regents with High School Teacher and former Island Trees High School Graduate **Matthew**. This program will serve as

a crash review for students. Bring a notebook and a writing utensil as well as any and all questions regarding the 2024 Biology Regents. Registration begins April 30 for residents. Non-residents, please e-mail [atayloritpl@gmail.com](mailto:atayloritpl@gmail.com) with a valid Young Adult Library card from a Nassau Library System Library.

Teens can register for our programs with their library cards! Call (516) 731-2211 to have your card adjusted.



## Need to cite resources for your next school project/paper?

## Try using Full Text Finder!

**Full Text Finder** by EBSCO assists users in discovering which online databases allow access to specific publications. Search by journal title, publisher, or subject.

Visit [islandtreespubliclibrary.org/research](https://islandtreespubliclibrary.org/research) and have your library card ready. Try it out for your next school paper or project!

## BOARD OF TRUSTEES

Greg Kelty, President

John Paul Hinshaw, Vice President

Loretta Fonseca, Trustee

Catherine Manganiello, Trustee

Gloria Spradlin, Trustee

Nicole Mollick-Polaski, Director

## LIBRARY HOURS

Monday - Thursday: 10:00 AM - 9:00 PM

Friday and Saturday: 10:00 AM - 5:00 PM

Sunday: closed

## DRIVE-THRU BOOKDROP HOURS

Monday - Friday: 7:00 AM - 11:00 PM

Saturday: 8:30 AM - 7:00 PM

Sunday: closed

## HOLIDAY CLOSINGS

Memorial Day: Monday, May 27

## NEWSLETTER

Writing Staff: Liz Spoto, Stephen Kursar, Andrew Taylor

Proofreader: Paula Strickland

Editor, Layout and Design: Cindy Wolfe

## BOARD MEETINGS

Held in the Community Room:

Tuesday, March 26 at 7:00 PM

Tuesday, April 9 at 7:00 PM (Budget Hearing)

Tuesday, April 23 from 1:00 - 9:00 PM (Budget/Trustee Vote)

Tuesday, May 28 at 7:00 PM

## Free Museum Passes!

Check out museum passes for you and your family to enjoy! Most of the museums have reopened with new rules, hours, and policies concerning COVID-19. Please check with the museums in advance.

Find and click on our Museum Pass tab on our website for details and to reserve your passes. Most can even be printed at home - look for "POD" (Print-on-Demand) next to the reservation.

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|--|--|
| • 9/11 Memorial & Museum                         | • Long Island Children's Museum                          |
| • American Airpower Museum                       | • Nassau County Firefighters Museum and Education Center |
| • Cold Spring Harbor Fish Hatchery and Aquarium  | • Nassau County Museum of Art                            |
| • Cradle of Aviation Museum and Education Center | • New York State Empire Pass                             |
| • Garvies Point Museum and Preserve              | • Old Bethpage Village Restoration                       |
| • Harbes Barnyard Adventure                      | • Old Westbury Gardens                                   |
| • Intrepid, Sea, Air and Space Museum Complex    | • Planting Fields Arboretum, State Park and Coe Hall     |

## PROGRAM POLICY

**UNLESS STATED OTHERWISE,  
THE FOLLOWING RULES APPLY FOR ALL  
PROGRAMS CONTAINED IN THIS NEWSLETTER:**

1. Registration is required.
2. All programs are initially open to Island Trees residents only.
3. Non-residents are welcome to sign up one week prior to the start of a program, if room allows.
4. Unless canceled by the presenter or the library, THERE ARE NO REFUNDS.
5. Children under the age of 9 MAY NOT be left alone in the Children's Room while a parent/guardian attends a program.
6. The library only accepts checks or money orders for programs.
7. If paying a presenter directly, please check with us on an acceptable form of payment.
8. The Library reserves the right to cancel any program if fewer than seven attendees sign up for an Adult Program or fewer than five attendees for a Children's or Young Adult Program. The cutoff date for signup is one week before the date of the program.

DISCLAIMER: Please be advised that the Library makes no warranties and/or representations concerning the virtual programs. Your decision to participate in the programs is an express consent on your part to waive any and all claims against the Library which may result from said participation, and hereby release and discharge the Island Trees Public Library from any and all liabilities.

If we're unable to have in-house programs, they may be held virtually on Zoom. You will be notified if changes are made.